

HEALTH AND NUTRITION

Data from the 2013-2014 Kosovo*
Multiple Indicator Cluster Survey

CHILD MORTALITY

FOR EVERY 1,000 CHILDREN BORN ALIVE 15 ARE DYING BEFORE THEIR 5TH BIRTHDAY AND 12 BEFORE THEIR 1ST BIRTHDAY

DECLINING TREND IN MORTALITY SINCE 2000

IMPROVING THE HEALTH OF CHILDREN IS ONE RESPONSIBILITY AMONG MANY IN THE FIGHT AGAINST POVERTY. HEALTHY CHILDREN BECOME HEALTHY ADULTS: PEOPLE WHO CREATE BETTER LIVES FOR THEMSELVES, THEIR COMMUNITIES AND THEIR COUNTRIES



BREASTFEEDING AND INFANT FEEDING

BREASTFEEDING PROMOTES BRAIN AND COGNITIVE DEVELOPMENT HELPING CHILDREN LEARN AND EARN MORE AS ADULTS, SPURRING ECONOMIC ACTIVITY AND LONG TERM GROWTH WHILE REDUCING POVERTY AND INEQUITIES

EARLY INITIATION OF BREASTFEEDING IS A VERY IMPORTANT STEP TO ENSURE HEALTHY START IN LIFE BUT LESS THAN HALF OF THE WOMEN (45%) PUT NEWBORNS TO THE BREAST WITHIN ONE HOUR OF BIRTH

MOTHERS ARE RECOMMENDED TO EXCLUSIVELY BREASTFEED INFANTS FOR THE CHILD'S FIRST SIX MONTHS TO ACHIEVE OPTIMAL GROWTH, DEVELOPMENT AND HEALTH YET ONLY 2 IN 5 CHILDREN 0-5 MONTHS (40%) WERE EXCLUSIVELY BREASTFED

* For UNICEF and UNFPA, all references to Kosovo are made in the context of UN Security Council Resolution 1244 (1999)

NUTRITIONAL STATUS

STUNTING IS LOW HEIGHT FOR AGE AND REFLECTS A PROCESS OF FAILURE TO REACH LINEAR GROWTH POTENTIAL. STUNTING IS ASSOCIATED WITH POORER CHILD DEVELOPMENT AND HEALTH

ALMOST 5% OF KOSOVO'S CHILDREN UNDER AGE 5 YEARS ARE STUNTED

9% POOREST

1% RICHEST

ONLY 2 IN 3 CHILDREN (63%) AGE 6-23 MONTHS CONSUME FOODS FROM 4 OR MORE FOOD GROUPS

75% URBAN

46% POOREST

56% RURAL

74% RICHEST

FOOD



IMMUNISATION SCHEDULE

	AGE 0 months	AGE 2 months	AGE 3 months	AGE 4 months	AGE 12 months
BCG	✓				
HepB	✓	✓		✓	
DPT		✓	✓	✓	
Hib		✓	✓	✓	
OPV		✓	✓	✓	
MMR					✓

VACCINATIONS

FULL IMMUNISATION COVERAGE IS WHEN A CHILD HAS RECEIVED ALL VACCINES (BCG, HEPB, DPT, HIB, AND OPV) BY THEIR 1ST BIRTHDAY, AND MEASLES (MMR) BY THEIR 2ND BIRTHDAY

4 IN 5 (79%) CHILDREN AGE 24-35 MONTHS OLD ARE FULLY IMMUNISED

WHILE COVERAGE OF THE FIRST DOSE OF HEPB IS 96%, THE BIRTH DOSE IS ONLY RECEIVED BY HALF (56%) OF NEWBORNS WITHIN 24 HOURS OF BIRTH AS PER THE RECOMMENDED TIMEFRAME

EVIDENCE DOCUMENTS THAT IMMUNISATION SAVES ABOUT 3 MILLION LIVES GLOBALLY EACH YEAR AND IS ONE OF THE MOST SUCCESSFUL AND COST-EFFECTIVE PUBLIC HEALTH INVESTMENTS. VACCINES KEEP CHILDREN ALIVE AND HEALTHY, AND PLAY A CENTRAL ROLE IN ENDING PREVENTABLE CHILD DEATHS